



2112 Harrisburg Pike, Suite 202, P.O. Box 3200, Lancaster, PA 17604-3200  
717-869-4600 Fax 717-544-3501

## Upper Endoscopy (EGD), Endoscopic Ultrasound (EUS) or ERCP Preparation

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

Procedure Date & Arrival Time: \_\_\_\_\_ Physician: \_\_\_\_\_

### Location:

MidAtlantic Endoscopy Center – Lancaster (2104) / Lancaster General Hospital / Heart of Lancaster  
MidAtlantic Endoscopy Center – Oregon Pike / Lancaster Regional Medical Center / Ephrata Hospital  
Lancaster Gastroenterology Procedure Center (2112)

### Instructions:

1. All medications should be **continued and taken the morning of the exam unless otherwise stated on these instructions.**
2. **You may not have any hard candy or chewing gum the morning of procedure as this may delay your procedure.**
3. **FIVE (5) DAYS PRIOR TO YOUR PROCEDURE: STOP COUMADIN,** Ticlid, Aggrenox and Advil, Motrin, Aleve, Ibuprofen, multi-vitamins, Vitamin E, Fish oil, Flaxseed, and Iron. **Use Tylenol only for pain.**
4. You will need to hold your Metformin (Glucophage) the night before and the morning of your procedure. Hold any other oral diabetic medications the morning of the procedure and check your blood sugar before arrival. If your blood sugar is 70 or below, please inform the staff immediately upon your arrival.

Special medication instructions: \_\_\_\_\_

Due to the sedation you will receive, you must have a responsible adult accompany you to your procedure. **Your driver is required to stay at the facility for the entire time of your procedure. Approximate time is 2hrs.** Public transportation is allowed, but only under the supervision of a responsible adult who must stay with you the entire time of procedure. Bus, taxi or shuttle drivers do not fulfill the requirement of a responsible adult. You may **NOT** get dropped off for procedure.

If you have any questions regarding this prep, please call Regional GI at (717) 869-4600.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_