



FLEXIBLE SIGMOIDOSCOPY PREP INSTRUCTIONS

Patients Name: _____ DOB: _____

Procedure Date & Arrival Time: _____ Physician: _____

Location:

MidAtlantic Endoscopy Center – Lancaster (2104) / Lancaster General Hospital / Heart of Lancaster
MidAtlantic Endoscopy Center – Oregon Pike / Lancaster Regional Medical Center / Ephrata Hospital
Lancaster Gastroenterology Procedure Center (2112)

DAY BEFORE FLEXIBLE SIGMOIDOSCOPY:

1. Buy (2) Fleet's enemas (no prescription needed).
2. Nothing to eat or drink after midnight.

DAY OF FLEXIBLE SIGMOIDOSCOPY:

1. Nothing to eat or drink before procedure.
2. Give 1st Fleets enema 3 hrs prior to your procedure time.
3. Give 2nd Fleets enema 2 hrs prior to your procedure time.

5 DAYS PRIOR TO YOUR PROCEDURE: STOP Advil, Aleve, Motrin, Ibuprofen, Multi-vitamins, Vitamin E, Fish Oil, Flaxseed & Iron. Use Tylenol only for pain.

Hold all diabetic medications a.m. of procedure.

All medications should be continued and taken the morning of procedure unless otherwise stated on these instructions.

Patient Signature: _____ Date: _____

Witness Signature: _____ Date: _____